

Give in Lent Calendar

Donate food for the 40 days of Lent, by collecting items and dropping them off to the address below or online, via <https://givetoday.co.uk/stalbansfoodbank/> for free delivery to our warehouse.

18th February

Tinned fruit 1	UHT milk 2	Squash/Cordial 3	Long life sponge pudding 4
Jam 5	Biscuits 6	Soup 7	Tinned fish 8
Instant coffee (small jars) 9	Tinned sweetcorn 10	Cooking sauce 11	Cereal 12
Tea bags (40/80) 13	Tinned tomatoes 14	Toilet roll 15	Tinned vegetables 16
Custard 17	UHT fruit juice 18	Deodorant 19	Tinned meat 20
Chocolate bars 21	Crackers 22	Tinned peas 23	Tinned vegetable curry 24
Instant mashed potato 25	Angel Delight 26	Rice pudding 27	Long life puddings 28
Crisps 29	Washing up liquid 30	Tinned carrots 31	Tinned meat pie 32
Tinned meat 33	Peanut butter 34	Tinned tomatoes 35	Shampoo 36
Tinned vegetables 37	Tinned potatoes 38	Baked beans 39	Tinned veggie pie 40

2nd April

01727 613019

www.stalbansdistrict.foodbank.org.uk

Registered Charity Number: 1158917 | Registered in England & Wales

Please deliver food donations to:
Unit 3, Redbourn Industrial Park
High Street, Redbourn, AL3 7LG